

The Word of God and Mental Health

Introduction to God's Mental Health Principles

The Bible deals extensively and in-depth with mental health. Among the subjects treated in the Bible are:

Anxiety Disorders

Acute Stress Disorder (acute psychological consequences of previous trauma)
Agoraphobia (generalized irrational fear)
Generalized Anxiety Disorder (nonspecific anxiety)
Obsessive-Compulsive Disorder (obsessive thoughts and compulsive rituals)
Panic Disorder (unprovoked panic attacks)
Post-traumatic Stress Disorder (nonacute psychological consequences of previous trauma)
Separation Anxiety Disorder
Social Phobia (irrational fear of embarrassment)
Specific Phobia (other specific irrational fears)

Childhood Disorders

Attention-Deficit/Hyperactivity Disorder
Conduct Disorder (the Antisocial Personality Disorder of Childhood)
Oppositional Defiant Disorder (not only for children)

Eating Disorders

Oppositional Defiant Disorder (not only for children)
Anorexia Nervosa (self-imposed starvation)
Bulimia Nervosa (binge eating and dieting)

Mood Disorders

Bipolar I Disorder (mania with/without major depression)
Bipolar II Disorder (hypomania with major depression)
Cyclothymic Disorder (numerous brief episodes of hypomania and minor depression)
Dysthymic Disorder (prolonged minor depression without mania/hypomania)
Major Depressive Disorder (major depression without mania)

Personality Disorders

Antisocial Personality Disorder (impulsive, aggressive, manipulative)
Avoidant Personality Disorder (shy, timid, "inferiority complex")
Borderline Personality Disorder (impulsive, self-destructive, unstable)
Dependent Personality Disorder (dependent, submissive, clinging)
Histrionic Personality Disorder (emotional, dramatic, theatrical)
Narcissistic Personality Disorder (boastful, egotistical, "superiority complex")

Obsessive-Compulsive Personality Disorder (perfectionistic, rigid, controlling)
Paranoid Personality Disorder (suspicious, distrustful)
Schizoid Personality Disorder (socially distant, detached)
Schizotypal Personality Disorder (odd, eccentric)

Psychotic Disorders

Brief Psychotic Disorder
Delusional Disorder
Schizoaffective Disorder
Schizophreniform Disorder
Schizophrenia
Shared Psychotic Disorder

Substance-Related Disorders

Alcohol Dependence (alcoholism)
Amphetamine Dependence (stimulants, speed, uppers, diet pills)
Cannabis Dependence (marijuana, grass, pot, weed, reefer, hashish, bhang, ganja)
Cocaine Dependence (coke, crack, coca leaves)
Hallucinogen Dependence (psychedelics, LSD, mescaline, peyote, psilocybin, DMT)
Inhalant Dependence (sniffing: glue, gasoline, toluene, solvents)
Nicotine Dependence (tobacco)
Opioid Dependence (heroin, methadone, morphine, demerol, percodan, opium, codeine, darvon)
Phencyclidine Dependence (PCP, angel dust)
Sedative Dependence (sleeping pills, barbiturates, seconal, valium, librium, ativan, xanax, quaaludes)

Other Disorders

Adjustment Disorder
Autistic Disorder
Delirium
Dementia
Multi-infarct Dementia
Tourette's Disorder